

Spring 2020

Bulletin Mount Tolmie Community Association

Greetings Community Members,

On behalf of the Mount Tolmie Community Association (MTCA) I would like to thank all those who attended our Burger and Beverage dinner in March. As volunteers organizing the dinner, it surpassed our expectation by not only the number of responses but the great mix of residents of all ages, young families and neighbours. The MTCA felt that it was a wonderful opportunity in building community and I'm sure you would all agree based on the conversations and fun everyone had. A huge thank-you to Keith Campbell and his team at 1550's Restaurant for their support of the event.

As we all support one another at physical distancing we are contributing to a healthy environment. You can also show appreciation for all front-line workers by [displaying hearts on your windows](#).

Stay Active - Here is a tip for staying active, avoiding cabin fever and maintaining physical distancing protocols. Drive to a part of town that you don't often visit and take a circular walking route through it. You'll feel like you've had an outing and streets are easy to navigate when passing others.

- **Queenswood Loop** - Park at Cadboro Bay Village, walk up Penrhyn, along Hobbs, cross Arbutus and follow Queenswood and return via Cadboro Bay Road/ Gyro Park. Nice 1-hour route.
- **Uplands area** - lots of circular routes there. (estimate is 5 mins)
- **Gorge Waterway** - From Tillicum Bridge to Craigflower Bridge. The whole loop takes 45 mins - 1 hour.
- **Rockland/Fairfield** - FYI - Government House gardens are open, and Moss Street trees are now in full bloom.

Also check out [Oak Bay](#), [Esquimalt](#), [Victoria](#), [Saanich Peninsula](#) booklets for maps of walking routes.

Support local restaurants: Here are some restaurants that are open for takeout/delivery:

- 1550's Pub Style Restaurant: 250-472-0047
- Thai Lemongrass: 250-385-3838
- Oregano's Pizza: 250-590-2223
- Tropical Island Restaurant: 250-477-2438
- Purple Garden Chinese Restaurant: 250-477-8820
- Pizza Hut: 250-388-9976

Mental Support - What to do if you are feeling overwhelmed or panicked or know someone who is, call BC Mental Health Support Line: 310-6789 (do not add any area code), or visit <https://www.heretohelp.bc.ca/get-help>

Other announcements and updates:

MTCA AGM: Postponed. I have been in touch with the BC Registry Services and have confirmed we have until Dec. 31 to hold an AGM and file our annual report with them. They are following Provincial Health Officer and thus allowing this extension. When more information is known we will relay to the membership and post on the website.

Shelbourne Street improvements update: Please visit <https://www.saanich.ca/EN/main/news-events/news-archives/2020-news/shelbourne-street-improvements-construction-kicks-off-in-april.html>

Horner Park update: Please visit <https://www.saanich.ca/EN/main/parks-recreation-community/parks/projects-in-saanich-parks/active-projects/horner-park-renewal-project.html>

Shelbourne Community Kitchen: Has launched a [COVID-19 Urgent Food Support Fund](#).

UVic Community Engagement – Engineering Expansion

The university is continuing to develop plans for expanded Engineering and Computer Science facilities on campus. Following the advice and recommendation of BC's top health officials to support social distancing, community engagement for the project has shifted from an in-person event to an online survey. The survey will be available online until **Friday April 10th**. Please find the survey at the following link: <https://www.uvic.ca/engineeringexpansionsurvey>. Additional project details can also be found [on the project website](#).

Developments pending in the Shelbourne Valley: Please visit <https://www.saanich.ca/EN/main/local-government/development-applications/active-development-applications/shelbourne.html>

Opportunities to volunteer with the MTCA:

Our community association is busy on many fronts and we currently need help in the following areas: Communications (e.g. to help create a regular newsletter); Special Projects (e.g. community events); and Board Governance. The time commitment varies according to each role, ranging from just a few hours a year to a maximum of a few hours per month. If you have relevant skills and would like to contribute to your community, please call 250-472-2246. We look forward to hearing from you!

Please feel free to share this bulletin with neighbours who may not be current members and encourage to join the MTCA: <http://mtca.ca/about-the-mtca/join-mtca/>

On behalf of the MTCA Board of Directors I wish to thank all local businesses, non-profit organizations and medical and health personal in the Shelbourne Valley for their efforts to serve us at the same time keep us safe.

Take care and stay well.

Marlene

Marlene Davie, CC, CL, ACB

President, Mount Tolmie Community Association

mtca.ca